

Song of Songs
Song of Solomon

Song of Songs 6 (NIV)

Chorus

*Where has your beloved gone,
most beautiful of women?
Which way did your beloved turn,
that we may look for him with you?*

Song of Songs 6 (NIV)

She

*2 My beloved has gone down to his garden,
to the beds of spices,
to browse in the gardens
and to gather lilies.*

*3 I am my beloved's and my beloved is mine;
he browses among the lilies.*

Song of Songs 6 (NIV)

He

*4 You are as beautiful as Tirzah, my darling,
as lovely as Jerusalem,
as majestic as troops with banners.*

*5 Turn your eyes from me;
they overwhelm me.*

*Your hair is like a flock of goats
descending from Gilead.*

Song of Songs 6 (NIV)

He

*6 Your teeth are like a flock of sheep
coming up from the washing.*

*Each has its twin,
not one of them is missing.*

*7 Your temples behind your veil
are like the halves of a pomegranate.*

Song of Songs 6 (NIV)

He

*8 Sixty queens there may be,
and eighty concubines,
and virgins beyond number;*

Song of Songs 6 (NIV)

He

*9 but my dove, my perfect one, is unique,
the only daughter of her mother,
the favorite of the one who bore her.
The young women saw her
and called her blessed;
the queens and concubines praised her.*

Song of Songs 6 (NIV)

Chorus

*10 Who is this that appears like the dawn,
fair as the moon, bright as the sun,
majestic as the stars in procession?*

Song of Songs 6 (NIV)

She

*11 I went down to the grove of nut trees
to look at the new growth in the valley,
to see if the vines had budded
or the pomegranates were in bloom.*

*12 Before I realized it,
my desire set me among the royal chariots
of my people.*

Healthy Habits of True Love

- In stress times remember the positive qualities of your true love

*How is your beloved better than others,
most beautiful of women?*

*How is your beloved better than others,
that you so charge us? Song of Songs 5:9 (NIV)*

Healthy Habits of True Love

- Don't hold onto bad experiences or wrongs.

Where has your beloved gone, most beautiful of women? Which way did your beloved turn, that we may look for him with you? 2 My beloved has gone down to his garden, to the beds of spices, to browse in the gardens and to gather lilies.

Song of Songs 6:1-2 (NIV)

Healthy Habits of True Love

- Reaffirm your love for one another

I am my beloved's and my beloved is mine.

Song of Songs 6:3 (NIV)

Healthy Habits of True Love

- Speak lovingly to one another

6 Your teeth are like a flock of sheep coming up from the washing. Each has its twin, not one of them is missing. 7 Your temples behind your veil are like the halves of a pomegranate. 8 Sixty queens there may be, and eighty concubines, and virgins beyond number. Song of Songs 6:6-8

(NIV)

Healthy Habits of True Love

- Speak Respectfully to one another

You are as beautiful as Tirzah, my darling, as lovely as Jerusalem, as majestic as troops with banners.

Song of Songs 6:4 (NIV)

Healthy Habits of True Love

- Remember Humility

5 Turn your eyes from me; they overwhelm me.

Song of Songs 6:5 (NIV)

“To the angel of the church in Ephesus write:
These are the words of him who holds the
seven stars in his right hand and walks among
the seven golden lampstands. ²I know your
deeds, your hard work and your perseverance...
³You have persevered and have endured
hardships for my name, and have not grown
weary. **Revelation 2:1-4 (NIV)**

⁴ Yet I hold this against you: You have forsaken the love you had at first.

Revelation 2:1-4 (NIV)