

God is our refuge and strength, a very present help in trouble. 2 Therefore we will not fear though the earth gives way, though the mountains be moved into the heart of the sea, 3 though its waters roar and foam, though the mountains tremble at its swelling. Selah

There is a river whose streams make glad the city of God, the holy habitation of the Most High. 5 God is in the midst of her; she shall not be moved; God will help her when morning dawns. 6 The nations rage, the kingdoms totter; he utters his voice, the earth melts. 7 The Lord of hosts is with us; the God of Jacob is our fortress. Selah

Come, behold the works of the Lord, how he has brought desolations on the earth. 9 He makes wars cease to the end of the earth; he breaks the bow and shatters the spear; he burns the chariots with fire.

<sup>10</sup> "Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!" 11 The Lord of hosts is with us; the God of Jacob is our fortress. Selah

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Be Still

Be still... Psalm 46:10 (ESV)

Trouble - v.1

The earth gives way...mountains...moved into...the sea – v.2

Waters roar & foam...mountains tremble - v.3

The nations rage, the kingdoms totter – v.4

Know God (Who He Is)

Be still, and know that I am God.

Psalm 46:10 (ESV)

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Psalm 46:1 (ESV)

There is a river whose streams make glad the city of God, the holy habitation of the Most High. 5 God is in the midst of her; she shall not be moved; God will help her when morning dawns. 6 The nations rage, the kingdoms totter; he utters his voice, the earth melts. 7 The Lord of hosts is with us; the God of Jacob is our fortress. Selah

Know God (Who He Is)

Be still, and know that I am God. Psalm 46:10 (ESV)

Behold the works of the Lord, how he has brought desolations on the earth. 9 He makes wars cease to the end of the earth; he breaks the bow and shatters the spear; he burns the chariots with fire.

Psalm 46:8-9 (ESV)

Know God (Personally)

God is <u>our</u> refuge and strength. Psalm 46:1(ESV)

The Lord of hosts is with <u>us</u>. Psalm 46:7,11 (ESV)

#### Mark 4:35-41 (Phillips)

On the evening of that day, he said to them, "Let us cross over to the other side of the lake."

So they sent the crowd home and took him with them in the little boat in which he had been sitting, accompanied by other small craft.

#### Mark 4:35-41 (Phillips)

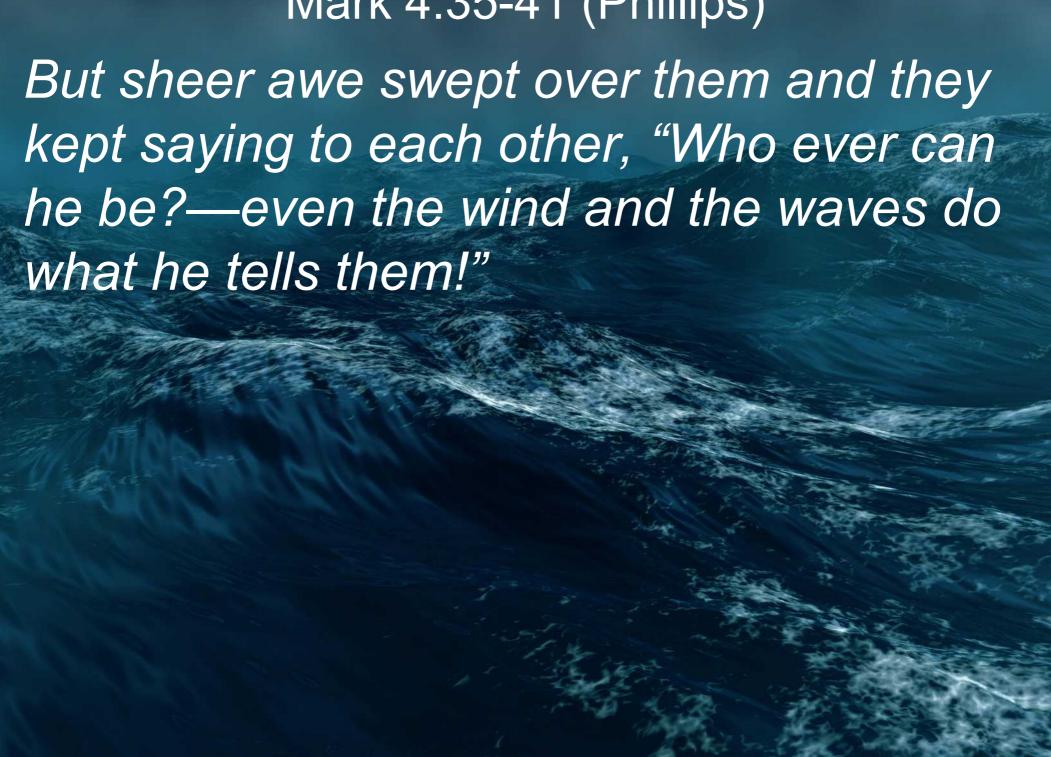
Then came a violent squall of wind which drove the waves aboard the boat until it was almost swamped. Jesus was in the stern asleep on the cushion. They awoke him with the words, "Master, don't you care that we're drowning?"

#### Mark 4:35-41 (Phillips)

And he woke up, rebuked the wind, and said to the waves, "Hush now! Be still!"
The wind dropped and everything was very still.

"Why are you so frightened? What has happened to your faith?! he asked them.





#### Mark 8:27-29 (Phillips)

Jesus then went away with his disciples to the villages of Caesarea Philippi. On the way he asked them, "Who are men saying that I am?"

28 "John the Baptist," they answered. "But others say that you are Elijah or, some say, one of the prophets."

